




**Unified Nutrimeals**  
we cater to *your* needs.

## SEPTEMBER 2010 BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8/30</b> B: Raisin Bran Pear Milk	<b>8/31</b> B: Scramble Eggs Wheat Bread Orange Milk	<b>1</b> B: Yogurt Apple Milk	<b>2</b> B: Whole Wheat Waffle Applesauce Milk	<b>3</b> B: Breakfast Bar Banana Milk
<b>6</b> B: Whole Grain Bagel Cream Cheese Peach Milk	<b>7</b> B: Oatmeal Banana Milk	<b>8</b> B: Breakfast Bar Pear Milk	<b>9</b> B: Veggie Scramble Wheat Bread Milk	<b>10</b> B: Cheerios Apple Milk
<b>13</b> B: Whole Grain French Toast Sticks Applesauce Milk	<b>14</b> B: Breakfast Bar Banana Milk	<b>15</b> B: Cream of Wheat w/ a Touch of Brown Sugar Banana Milk	<b>16</b> B: Shredded Wheat Cereal Honeydew Milk	<b>17</b> B: Whole Wheat Pancake Applesauce Milk
<b>20</b> B: Oatmeal Banana Milk	<b>21</b> B: Whole Grain Bagel Cream Cheese Pear Milk	<b>22</b> B: Veggie Scramble Wheat Bread Milk	<b>23</b> B: Cheerios Apple Milk	<b>24</b> B: Breakfast Bar Orange Milk
<b>27</b> B: Whole Grain French Toast Sticks Applesauce Milk	<b>28</b> B: Veggie Scramble Wheat Bread Milk	<b>29</b> B: Cream of Wheat w/ a Touch of Brown Sugar Banana Milk	<b>30</b> B: Yogurt Apple Milk	

**\*\*This institution is an equal opportunity provider and employer. \*\*MEALS ARE SUBJECT TO CHANGE. \*\***